

# Power

Recognize miracles daily both BIG and small

# Strength

Gather all that you are to move forward

# Confidence

You are fierce & unstoppable!

# Guidance

Listen to your inner compass

# Knowledge

Draw upon divine silent understanding

# Wisdom

Use past experiences to your advantage

# Perserverance

Push through "the noise" while focusing on the goal

# Patience

"Waiting power"...with myself, others, and God

# Peace

Be Still...knowing a higher power is in control.